



2023 SPRING INDOOR SWIM CLINIC

MINI GROUPS AGES 4-7

Mini A: Feb 1 - Feb 27 Mon/Wed/Fri 5:00 pm - 5:30 pm
Mini B: Mar 1 - Mar 31 Mon/Wed/Fri 5:00 pm - 5:30 pm

- Maximum of 6 swimmers per group!
- Will focus on Freestyle, Side breathing, and Backstroke.
- 83 degree water, indoors; away from the cold wind and pounding rain.
- Swimmers will need to bring 'long fins' for kicking!
- These groups are for kids who haven't been on a summer team yet

- **A swim test must be done at registration.**
 - Be able to swim Free & Back to the black line.
- **Registration must be done in person...no refunds or make-ups.**

Cost: - \$175 per session

11335-B Folsom Blvd

Rancho Cordova, CA 95742

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