



2020 SPRING INDOOR SWIM CLINIC March 2, 2020 - March 30, 2020

MINI GROUPS AGES 4-7

Mini 1 (Adv): Mon/Wed/Fri 5:00 pm - 5:30 pm

Mini 2 (Beg): Mon/Wed/Fri 4:30 pm - 5:00 pm

- Smaller practice groups for more personalized attention.
- Maximum of 8 swimmers per group!
- Emphasis for Minis will be Freestyle, Side breathing, Backstroke, Starts
- 83 degree water, indoors; away from the cold wind and pounding rain.
- Swimmers will need to bring 'long fins' for kicking!

Cost: \$195 per swimmer

- Mini 1 is for swimmers that are strong with Free/Back, and are swim team ready!
- Mini 2 will focus on Free & Back, getting those minis summer team ready!
- Participants need to be able to swim 'to the black line' Freestyle, and Backstroke
- A swim evaluation must be done at registration.

- Registration must be done in person...no refunds or make-ups.

The Swimstute
11335-B Folsom Blvd
Rancho Cordova, CA 95742
916-851-0840
www.swimstute.com