



2019 FALL/WINTER INDOOR SWIM CLINIC Sept 16, 2019 - Jan 31, 2020

MINI GROUPS AGES 4-7

Mini A:	Sep 16 - Nov 27	Mon/Wed/Fri	4:30 pm - 5:00 pm
Mini B:	Sep 16 - Nov 27	Mon/Wed/Fri	5:00 pm - 5:30 pm
Mini C:	Dec 2 - Jan 31	Mon/Wed/Fri	4:30 pm - 5:00 pm
Mini D:	Dec 2 - Jan 31	Mon/Wed/Fri	5:00 pm - 5:30 pm

- Maximum of 6 swimmers per group!
- Mini A & C - Beginner, will focus on Freestyle, Side breathing, and Backstroke.
- Mini B & D - Advanced, will refine Freestyle and Backstroke. We will introduce Breaststroke and Butterfly.
- 83 degree water, indoors; away from the cold wind and pounding rain.
- Swimmers will need to bring 'long fins' for kicking!
- These groups are for kids who haven't been on a summer team yet
- **A swim test must be done at registration.**
 - Mini A & C - Be able to swim Free & Back to the black line.
 - Mini B & D - Be able to swim a full lap Free with side breathing, 1 lap of back.
- **Registration must be done in person...no refunds or make-ups.**

Cost: Mini A & B - \$285
Mini C & D - \$250

Includes:

- Swimstute Swag

11335-B Folsom Blvd
Rancho Cordova, CA 95742
(p) 916-851-0840 (txt) 916-212-2392 www.swimstute.com