



2015 FALL/WINTER INDOOR SWIM CLINIC Sept 21, 2015 - Jan 31, 2016

MINI GROUPS AGES 4-7

Mini 1:	Sept 21 - Nov 30	Mon & Wed	4:00 pm - 4:30 pm
Mini 2:	Sept 21 - Nov 30	Tue & Fri	5:00 pm - 5:30 pm
Mini 3:	Dec 1 - Jan 31	Mon & Wed	4:00 pm - 4:30 pm
Mini 4:	Dec 1 - Jan 31	Tue & Fri	5:00 pm - 5:30 pm

- Smaller practice groups for more personalized attention.
- Maximum of 6 swimmers per group!
- Emphasis for Minis will be Freestyle, Side breathing, Backstroke, Starts
- 84 degree water, indoors; away from the cold wind and pounding rain.
- Swimmers will need to bring 'long fins' for kicking!

Cost: \$200.00 (\$350 if paying for 1 & 3, or 2 & 4 up front)

Includes:

- Swimststitute Cap & T-Shirt
- These groups are for kids who haven't been on a summer team yet
- Participants need to be able to swim 'to the black line' Freestyle, and Backstroke
- Will work exclusively on Freestyle, Backstroke, and Starts.
- A swim test must be done at registration.
- **Registration must be done in person...no refunds or make-ups.**

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