



WATER SAFETY INSTRUCTOR CANDIDATE TRAINING

PRESENTED BY: *AquaMANIA* Swim Instruction

And

*The Northern California Swimstitute
(Indoor HEATED pool!)*

INSTRUCTOR: Judy Lemke, Instructor Trainer, WSI
WSI Instructor Aides: Raquel Resek and Michael Francois

FEE: **\$250.00** includes all materials and certification (fee must be paid at time of registration)

LOCATION: 11335-B Folsom Boulevard
Rancho Cordova, California 95742

SIGN UPS: (916) 376-0721 or aqmania@aol.com

REGISTRATION DEADLINE: March 22, 2010

DATES	TIMES
Monday, March 29	9:00 - 5:00
Tuesday, March 30	9:00 – 5:00
Wednesday, March 31	9:00 – 5:00
Thursday, April 1	9:00 – 5:00
Friday, April 2	9:00 – 3:00

- Candidates must present proof of age (16 or older) and be able to perform the following: Front crawl, Back crawl, Sidestroke, Breaststroke, Elementary backstroke – 25 yards. Butterfly – 15 yards. Candidates must also maintain a position on their back for one minute and tread water for one minute.
- All 34 hours of this course must be completed for certification.